
NATIONAL TEEN HELPLINES, HOTLINES, and CHAT WEBSITES (alphabetically) – updated 03/2014

ANTI-VIOLENCE PROJECT (AVP)

Chat Website: no chat; www.avp.org to report violence online.

Phone Number: 1.212.714.1141

AVP provides a 24 hour bilingual (Spanish/English) hotline for LGBTQH (H=HIV-affected) survivors of any kind of violence.

GLBT NATIONAL HELP CENTER

Chat Website: www.glnh.org (green area on right)

Phone Number: 1.888.843.4564 (hotline for all ages); 1.800.246.PRIDE (7743) (talkline for youth to youth). Both are M-F 1pm-9pm PST, Sat 9am-2pm PST.

All volunteers for the help center are either gay, lesbian, bisexual, or transgender. As a non-emergency, www.glbtnearme.org is a website that has resources you can search by service category or by zip code.

NATIONAL DATING ABUSE HELPLINE:

Chat Website: www.loveisrespect.org (right hand side - "Live Chat On")

Phone Number: Text "loveis" to 22522 or call 1.866.331.9474; TTY 866.331.8453

Offers one-on-one service from trained peer advocates who can offer support and connect the teen to resources. No names. No judging. Only help – anytime you need it. The advocates are available 24/7 to answer texts, phone calls and chats. The helpline also offers translation services.

NATIONAL DOMESTIC VIOLENCE HOTLINE:

Chat Website: <http://www.thehotline.org/> (upper right hand corner, M-F, 9-7pm CST)

Phone Number: 1.800.799.SAFE (7233); TTY 1.800.787.3224 (24/7)

Provides crisis intervention, safety planning, information & referrals free of charge.

NATIONAL SEXUAL ASSAULT HOTLINE: RAPE, ABUSE & INCEST NATIONAL NETWORK (RAINN)

Chat Website: www.rainn.org (upper right hand corner)

Phone Number: 1.800.656.HOPE (4873)

Carries out programs to prevent sexual assault, help victims and ensure that rapists are brought to justice. The calls and chats, available 24/7, are anonymous and confidential unless the caller chooses to share personally-identifying information.

NATIONAL RUNAWAY HOTLINE:

Chat Website: www.1800runaway.org/ (upper right hand corner)

Phone Number: 1.800.RUNAWAY (786-2929)

This is a confidential, anonymous, and free way for runaway youth, teens in crisis and concerned friends and family members to contact 24/7.

NATIONAL SUICIDE PREVENTION LIFELINE:

Chat Website:

<http://www.suicidepreventionlifeline.org> (right hand side)

Phone Number: 1.800.273.TALK (8255)

Both chat and phone communication are available 24/7, free of charge, blame, and judgment.

NATIONAL HOPELINE NETWORK:

Chat Website: <https://www.imalive.org/index.php> (supported by Hopeline Network, all volunteers are trained in crisis intervention)

Phone Number: 1.800.SUICIDE (784.2433)

The National Hopeline Network provides 24 hour suicide crisis and domestic violence service referrals for teens. Callers are automatically routed to the closest certified crisis center.