

## Intimate Partner Violence as a Public Health Priority

Judy Henderson

# Healthcare Speaker's Bureau Training of Trainers Helps Survivors Obtain the Care and Support They Need

 ${f T}$ he Nevada Network Against Domestic Violence (NNADV) as a statewide coalition working toward the elimination of domestic violence has prioritized training for health care providers and patient education for well over 10 years. Recently, NNADV partnered with UnitedHealthcare to host a Health Care Speaker's Bureau Training of Trainers in Las Vegas. Participants brought with them a diversity of experience and expertise in their chosen fields. Attendees were provided tools and strategies to educate health care providers how to conduct a two to 10-minute screening which includes asking about the abuse and affirming their patients, offering them harm reduction strategies, documenting the abuse and providing appropriate referrals to community-based advocacy programs. These techniques will enhance current screening protocols to improve the health and safety of victims of abuse. This workshop is designed for the medical community including practicing physicians, nurses, clinic/hospital support staff and public health professionals as well as university interns and residents. During 2013, plans are being made to offer this workshop in northern Nevada.

"Training trainers multiplies the number of people we can reach to increase awareness about and thus prevent domestic violence. We need to continue this approach and magnify the ripple effect – knowledge about intimate partner violence and how to best assist victims is the path to follow."

> - Allan Ebbin, MD., MPH. VP Healthcare Quality & Education UnitedHealthcare Nevada Market

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# The Rationale that Supports Engaging Health Care Providers:

During August 2012, under the authority of the Affordable Care Act, new guidelines went into effect for new health plans and non-grandfathered plans. The guidelines include an annual well-woman visit, a good opportunity for violence screening. By using the comprehensive annual well-woman exam to do a full screening of risk factors, including violence, it may be very effective in identifying at-risk women and adolescents. Screening and counseling about current and past abuse in a culturally-sensitive and supportive manner can provide critical information to address current health concerns about safety and other current or future health problems.

## **Public Policy Regrets and Promises**

Sue Meuschke



**A**s we end 2012 without reauthorizing the Violence Against Women Act (VAWA) and begin 2013 with the Nevada legislative session only a month away this is my chance to highlight the disappointments of 2012 and the hopes for 2013...

#### VAWA Reauthorization

Last year, Congress took up reauthorization of the Violence Against Women Act (VAWA) with versions of the reauthorization passed in the Senate (S1925) on a bipartisan basis and in the House (HR 4970) on a partisan basis. Unfortunately, there was no appetite to develop a compromise bill that could pass both houses and provide important new protections for LGBT, immigrant and Native American victims as well as victims on college campuses and in communities of color; protections that insure that all victims have access to safety.

The major sticking points were the expansion of tribal jurisdiction over crimes committed on tribal lands by non-natives and provisions to assist immigrant victims. While seemingly modest changes they ended up derailing the reauthorization process. For a complete overview of the issues, visit <u>http://4vawa.org/</u>.

Having failed to reauthorize VAWA in 2012 there will be a concerted effort to insure reauthorization in 2013. Please stay tuned to see how you can help.

#### Nevada Legislative Session

The Nevada State Legislature reconvenes on February 4, 2013. While still in process there are already more than 880 bill drafts. We are tracking *two bills* that will directly impact domestic violence victims. Assembly-woman Teresa Benitez-Thompson (D-Washoe) is introducing a bill to update victim information provided by law enforcement with information about including pets in protective orders. Assemblywoman Lucy Flo-

res (D-Clark) will be introducing a bill to provide victims of domestic violence an avenue for breaking a lease for safety reasons.

There are also at least five different bill drafts dealing with trafficking. AB 67 prefiled on December 20<sup>th</sup> by the Committee on Judiciary on behalf of the Attorney General is an omnibus bill that will expand and improve Nevada's laws on sex trafficking. Assemblyman Hambrick (R-Clark) will have at least two bills addressing trafficking as will the Legislative Committee on Child Welfare and Juvenile Justice.

There will be other bills addressing topics such as bullying, child abuse, elder abuse, divorce and child custody, sexual assault and other issues that we will be tracking. The 2013 Legislative Session will provide an opportunity to improve safety for victims and strengthen our community's response to violence against all people.

If you are interested in getting involved this session, please check out the Nevada Women's Lobby <u>Grassroots Lobby Days</u> scheduled for March, or visit the Nevada Legislature's <u>website</u> for more information about bills, committee meetings and how the legislature functions.

Let's make sure we keep our promises in 2013!



## IPV as Public Health Priority... cont. from page 1

Interpersonal and domestic violence • is common. Nearly one-third of American women (31%) report being physically or sexually abused by a husband or boyfriend at some point in their lives. Women are 5-8 times more likely than men to be victimized by an intimate partner. According to a report (When Men Murder Women: An Analysis of 2010 Homicide Data) released by the Violence Policy Center in September 2012, Nevada ranked #1 in the rate of women murdered by men for a third year in a row. During 2010, 35 women were murdered by males in Nevada. This rate is more than double the national average.

The health effects of intimate partner violence are devastating and the health costs are substantial. The HHS coverage requirement reflects the importance of screening for violence exposure as an essential component of quality health care delivery. The recent Centers for Disease Control and Prevention (CDC) National Intimate Partner and Sexual Violence Survey 2010 provides deeper surveillance data. The CDC survey found victims who experienced high rates of severe intimate partner violence, rape and stalking, reported long-term chronic disease and other health impacts such as Post-Traumatic Stress Disorder (PTSD) symptoms. Some of the top findings of the CDC survey were:

 81% of women who experienced rape, stalking or physical violence by an intimate partner reported significant short or long term impacts related to the violence experienced in this relationship,
 such as PTSD symptoms and injury;

- Women who had experienced rape or stalking by any perpetrator or physical violence by an intimate partner in their lifetime were more likely than women who did not experience these forms of violence to report having asthma, diabetes, and irritable bowel syndrome;
- Both men and women who experienced these forms of violence were more likely to report frequent headaches, chronic pain, and difficulty sleeping, activity limitations, poor physical and mental health than men and women who did not experience these forms of violence.

#### The Good News: Screening and Intervention Can Improve Health and Safety

The good news is that an intervention by a health care provider has been shown to make a difference in health behaviors and outcomes. Women who talked to their health care provider about the abuse were far more likely to use an intervention. At a two year follow-up, women who were screened for abuse and given a wallet -sized referral reported fewer threats of violence and assaults. A majority of the women do not have recurrent abusive relationships and health care costs go down after the abuse ends. Several randomized control trials found:

- When assessment is coupled with education, harm reduction and referrals to services, intimate partner violence can be reduced and the health status of women improved;
- A brief intervention during pregnancy can decrease partner violence victimization and related

poor pregnancy outcomes; and

Women who received a brief intervention reported fewer incidents of birth control interference and were more likely to leave relationships that were unhealthy and unsafe.

Source: National Health Resource Center on Domestic Violence, Futures Without Violence funded by U.S. Department of Health and Human Services www.futureswithoutviolence.org.

To learn more about enrolling in the upcoming Health Care Speaker's Bureau Train-the-Trainer Workshop, please contact: Judy Henderson, MEd. Education & Outreach Coordinator, NNADV 775.828.1115 ext. 20; judyh@nnadv.org.



### Statewide Hotline Closes

The Nevada Statewide DV Hotline (1.800.500.1556) will close at the end of April 2013. Resources will be concentrated on the national and local hotlines. Training and support for your local hotline staff is available; please contact NNADV/ Maria to help us meet your needs.

## Jackson Food Stores Helps Fight Against Domestic Violence

*In partnership with the Nevada Network Against Domestic Violence, Jacksons Food Stores raises \$155,437 in four states* 

In an effort to stop domestic violence, Jacksons Food Stores and its customers have donated a total of \$155,437 (\$80,437 from customer donations and \$75,000 matched by Jacksons) in the annual "Give the Gift of Peace" Campaign. The campaign, which runs from Thanksgiving Day to Christmas, helps raise funds for the prevention of domestic violence and dating violence through community awareness and to provide free legal civil services to victims. Jacksons sold paper doves in \$1, \$5 and \$10 increments in all of their stores in all four states of operation to raise the money, and each state's money stays local. The totals by state: Idaho \$45,212; Washington \$44,650; Oregon \$44,778; Nevada \$20,797.



THE GIFT OF PEACE DAMAGE HIN TO HER STOP STORESTOR VIRILENCE

"Jacksons Food Stores is pleased to support this important campaign to prevent domestic violence in our communities. Together, we thank our customers for generously responding to the campaign to increase the level of support for victims of domestic violence," said Jacksons Food Stores Owner John Jackson.

Jacksons Food Stores and customers have raised over \$600,000 since the campaign's inception in 2003, with the latest campaign being the highest total in the program's history. In the Nevada market, the Jacksons store at 8755 Red Rock Rd. in Reno sold the most Doves this year, totaling \$1,493.

"John Jackson's extraordinary act of generosity and community engagement is tremendously important to Nevada's domestic violence programs and, most

From left to right: Kelly Miller (Idaho), Ron Rock (Idaho), Teresa Baker (Idaho), Rich Levin (Jacksons Food Stores), Debbie Fox (Oregon), Elizabeth Stoffel (Nevada), Teresa Atkinson (Washington).

importantly, by those who benefit from their services," said Sue Meuschke, Executive Director for the Nevada Network Against Domestic Violence. "Because of this generosity, we are able to further our mission in helping survivors and their children as they struggle daily to live violence-free."

The Nevada Network Against Domestic Violence will distribute the funds directly to survivors of domestic violence for emergency needs and to continue education and outreach efforts in communities throughout Nevada.

#### About Jacksons Food Stores

Jacksons Food Stores, Inc., headquartered in Meridian, was founded in Idaho in 1975 as a single service station. It has grown to be a nationally recognized chain of more than 200 stores in four western states. The company is the 3rd largest privately held corporation in the state, and has been widely recognized for its support of community and charity projects for local businesses and organizations. For more information on the charity projects Jacksons Food Stores support, visit <u>www.jacksons.com</u>.

**GET INVOLVED!** 

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STATEWIDE STATISTICS JULY—SEPT 2012 (First Qtr. FY 12-13)								Nevada Network Against Domestic Violence is a grass-roots organization funded by its members, grants, and private do- nations. Cash or in-kind donations are accepted throughout	
TOTAL NU	ime:	OF CO	10,166	<b>15,042</b> Telephone: 7,452				the year and are tax deductible to the extent allowed by law. We welcome new members and volunteers, as well as mone- tary donations!	
Repeat: Follow Up:		2,564 <u>2,312</u> 15,042		Face to Face:		<u>7,590</u> 15,042		I WOULD LIKE TO BECOME A MEMBER, RENEW MY MEMBERSHIP, OR SPONSOR A NEW MEMBER!	
BEDNIGH	TS					Total		\$35.00 Individual membership fee \$10.00 Student/Senior	
	ļ	Adults	Bdnts	Children	Bdnts	Adult & Children	Total Bdnts.	\$200.00 Organizational membership fee	
Shelter Shelter Servic Safe Homes	es	282 6 0	6,214 116 0	254 5 0	6,930 100 0	536 11 0	13,144 216 0	Please specify and fill in below:         New member       Membership renewal         Gift membership for (name):	
Em. Motel Carry Over T. Housing		20 0 22	40 0 1,007	11 0 30	27 0 3,219	31 0 52	67 0 4,226	Name:	
TOTAL:         330         7,377         300         10,276         630         17,653           TOTAL NUMBER OF PRIMARY VICTIMS:         10,166							State:       Zip:         Telephone:       )         Email:		
Age	<u>Femal</u>	<u>e</u>	Male		Race:				
00-12 13-17 18-29 30-44 45-64 65+ Unknown		9 3 3	9 11 157 265 181 63 21	Caucasian African American Hispanic Native American Asian/Pacific Islander Unknown Mixed TOTAL:			2,839 789 2,143 77 223 3,939 156 <b>10,166</b>	I WOULD LIKE TO CONTRIBUTE:         To the Jan Evans Direct Assistance Fund; check enclosed         One time cash gift; check enclosed         Supplies (copy paper, postage stamps, etc.)         Equipment or services:	
TOTAL:	9,45	9	707		IUTAL.		10,100	Annual pledge, payment as specified:           Monthly         Quarterly         Semi-annually	
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Circu **Editor/Design/Layout**: Glady Paulino **Contributing Editors**: Katy Calamusa, Judy Henderson, Maria Kies, Sue Meuschke, Alissa Price, and Elizabeth Stoffel.

## THANK YOU!... TO OUR MEMBERS AND DONORS

#### THANKS TO OUR NEW & RENEWING INDIVIDUAL MEMBERS

Stella Barkhurst Curtis & Teresa Brown Barbara Buckley Ellen Buckley Christel Neldner Nancy Dallas Danielle Kitner Renee Diamond Faye Andersen Linda Gardner Elisa Hahl-Harwick Donna Hall Diana Jenson Julio Landero Gayle Kern Maxine Lantz Di An Putnam Nancy Saitta Maggie Tracey Ruth Urban Kathleen Weber Joan Winkler

#### October—December 2012

#### THANKS TO THOSE WHO CONTINUE TO SUPPORT THE NETWORK

Stella Barkhurst Ellen Buckley Linda Gardner Elisa Hahl-Harwick Donna Hall Terry McCaskill Leslie Simon

#### THANK YOU TO THOSE THAT CONTRIBUTED TO OUR HOLIDAY APPEAL

Karen Carey Carmelite Monastery Sharon Chandler Richard Cook Frankie Del Papa Charlene Eley Pauline Friedrich Jean Gage Steve & Donna Hanson Maizie Harris Jesse Chuck Holt Richard Long Robert Meuschke Margaret Twedt United HealthCare Joan Zenan

#### THANKS TO THOSE WHO SPONSORED A CELL PHONE COLLECTION DRIVE

Odessa Ramirez



#### THANKS TO OUR NEW & RENEWING ORGANIZATIONAL MEMBERS

Attorney General's Office City of Fallon, Police Department City of Reno, Victim Services Unit Committee to Aid Abused Women Women's Development Center

#### THANKS TO OUR NEW & RENEWING SETTINGS OF SUPPORT (SOS) CLUB MEMBERS

Leon Aberasturi Sue Meuschke Meg Price Maggie Tracey Teri Weathers

#### THANKS TO OUR EXCELLENT NNADV VOLUNTEERS

Linda Reeves

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Maria Kies

## Advocate's Corner: Tips for Working with Health Care Professionals

Health care and public health professionals can help fight domestic violence by providing another important entry point to help victims. Practitioners who know how to safely detect abuse and provide referrals and support to victims are critical allies in each of our communities. Yet, without strong and personal partnerships with domestic violence agencies and individual advocates, they lack a critical component of the puzzle. With the recent changes in the health care law, advocates have a unique opportunity to build those relationships and provide much needed mentoring for practitioners embarking on domestic violence intervention for the first time.

It is helpful to remember that although both fields are working to improve the lives of victims, the terminology and philosophical foundations of the two are different. A Guide to Sustaining Public Health Partnerships to Prevent and Address Violence Against Women by Nancy Durborow written for Futures Without Violence describes these differences, "Public health has its roots in science and medicine and consequently places considerable emphasis on empirical evidence and structure. Public health and violence and abuse practitioners may have different philosophies and missions, and often use different terminology that can be confusing or even conflicting. Nevertheless, both of these fields have strong underpinnings in social equity. Advocates are dedicated to ending social injustices against women. Public health professionals are committed to reducing health disparities which can include the barriers to

good health created by violence and abuse."

Advocates can help support public health care systems and health care providers in the process of incorporating safe domestic violence assessment, identification, referral, documentation and follow-up by having conversations about the following topics outlined in the *Guide to Sustaining Public Health Partnerships to Prevent and Address Violence Against Women:* 

- Creating an environment that prioritizes the safety of victims including respecting the confidentiality, integrity and authority of each victim over their own life choices
- Creating an environment which enhances rather than discourages discussion about abuse and its health impact
- Building the skills of public health care staff so that they understand the dynamics of violence and abuse; are able and willing to assess for abuse; and can effectively respond to victims and their children
- Establishing an integrated and institutionalized response to violence and abuse
- Developing culturally appropriate responses and resource materials
- Evaluating, on an ongoing basis, the effectiveness of the program
- Becoming part of a coordinated response within the larger community through collaborative partnerships with local violence and abuse programs and others

The vision is to develop integrated practices for addressing domestic violence that maximize existing resources and improve services, rather than creating new competing programs. As such, learning about each other's work is important. Preparing for these new partnerships can begin with answering the following questions: what are we (public health system and violence and abuse programs) good at doing? Who will lead the effort? What is the plan? How do we know/will we know if we are making a difference? How will we gather information and monitor the changes? How will we make sense of this? Who will we share the information with? (Durborow, 2012).

More information about the impact of new Federal health coverage rule for domestic and sexual violence advocates, including answers about confidentiality and reporting, as well as how health care providers can easily help patients connect with an advocate has been collected by Futures Without Violence. Domestic violence advocates with guestions about how to strategize advocacy efforts and/or develop skills in working with the health care field, can find support at NNADV. Please contact Maria Kies at mariak@nnadv.org (775.828.1115 ext. 19) to discuss training and technical assistance needs for advocates. The NNADV is also actively pursuing new partnerships with health care systems and training health care professionals in Nevada. For more information about these initiatives, please contact NNADV/Judy Henderson at judyh@nnadv.org (775.828.1115 ext. 20).

#### Sources:

Durborow, N. (2012) <u>A Guide to Sustaining Public</u> <u>Health Partnerships to Prevent and Address Vio-</u> <u>lence Against Women</u> (Futures Without Violence)

<u>Impact of new Federal health coverage rule for</u> <u>domestic and sexual violence advocates</u> (Futures Without Violence)

## NNADV's Board Directors is Looking for New Members

The NNADV Board of Directors is recruiting members! We have two types of Board membership: program at -large seats (individuals must be affiliated with a member program – staff, volunteer or board member) and community at-large seats (individuals who are not directly affiliated with a member program); both are three year terms. All terms begin at the January 2014 Board meeting. NNADV Board nominees must be current members of NNADV (an individual member or a volunteer or paid staff person of an organization that is currently a member) and committed to NNADV's mission, philosophy and goals.

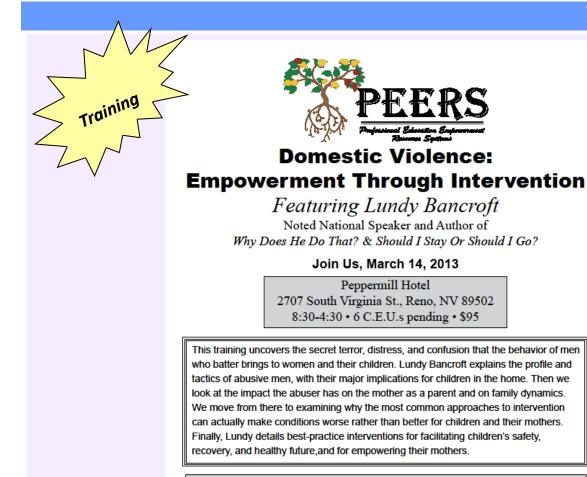
The Board of Directors is the governing body of NNADV. Directors serve as trustees on behalf of donors and are thus responsible for ensuring that the organization meets both legal and ethical standards for nonprofit, tax-exempt organizations. The Board's most important role is to provide oversight of all activities and funds.

The Board plays a critical role in ensuring that the organization has what it needs to carry out its mission, and that it does so legally, ethically, and effectively. Specific duties and responsibilities include the following: setting the vision, mission, and organizational goals; making sure the organization has the resources it needs; making sure those resources are well managed; making sure the organization carries out its mission with effective programs; hiring, supervising, and evaluating the Executive Director; establishing personnel policies and procedures; and, enhancing the organization's public image. To effectively carry out these job duties, Board members are expected to:

- Commit four to ten hours per month to the work of this Board and of the organization, and any extra effort that may be required in relation to fundraising events or other special activities.
- Attend Board meetings regularly, including all four of the Board meetings and one Planning day each year.
- Review agenda and supporting materials prior to board and committee meetings.
- Serve actively on at least two standing or ad hoc committees and attend committee meetings regularly, attending at least two-thirds of the scheduled committee meetings as well as special meetings as needed.
- Participate in fundraising activities, including: making a personal financial contribution to the organization each year; identifying prospective donors and assisting in fundraising initiatives; buying tickets, attending, and participating in the planning and marketing of the organization's fundraising events.

For more information or if you're interested in becoming a member of NNADV's Board of Directors, please contact Sue Meuschke, Executive Director, at 775.828.1115 ext. 11.

We strongly encourage individuals who have been active members of NNADV to consider board membership. NNADV is committed to representing all victims of domestic violence and strives to have a broad range of representation.



REGISTER Online After January 1, 2013, At: https://pxtx.casat.org/in\_person\_products/102 For assistance with registration, please call 775.784.6265

This training has been brought to you by the Professional Education Empowerment Resource Systems (PEERS) in Collaboration with CASAT, and with the support of the Resource Center on Domestic Violence: Child Custody and Protection, a project of the National Council of Juvenile and Family Court Judges.

All profits from this training will be donated to the Crisis Call Center of Reno, Nevada Network Against Domestic Violence and Washoe Legal Services. Save the date, register Jan 1st, space is limited!

NNADV has mugs and bracelets available. These items can be obtained for a donation of just \$7 each (plus shipping cost of mailing anywhere in the state). Please contact our office at 775.828.1115 to place your order!



The Network always accepts donations in any amount throughout the year, as well as in-kind donations of goods and/or services. If you have any questions about our needs and/or if you'd like to participate in any giving opportunities, please call the Nevada Network Against Domestic Violence at 775.828.1115. We can also be reached via email—Katy Calamusa at <u>katyc@nnadv.org</u> or Glady Paulino at <u>gladyp@nnadv.org</u>. Thank you for your continued support!

#### NEVADA NETWORK AGAINST DOMESTIC VIOLENCE Advocating change. Educating our community. Supporting services.

250 S. Rock Blvd. Suite 116

Reno, NV 89502 PHONE: 775.828.1115 FAX: 775.828.9911



#### **OUR MISSION**

In an effort to promote social change and empower women and all persons affected by domestic violence, NNADV is an inclusive network which supports member programs, communities, and individuals to work on the elimination of domestic violence and core issues of societal oppression.

#### NNADV BOARD OF DIRECTORS

April Green, President Karen S. Carey, Vice President Teri Weathers, Secretary Odessa Ramirez, Treasurer

#### NNADV BOARD MEMBERS

Brooke Howard, Tina Prieto, Brooke O'Byrne, Caryn Sternlicht, Vicki Straw, Cassandra Wesley, Denise Yoxsimer

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Susan Meuschke, Executive Director Katy Calamusa, Operations Manager Judy Henderson, Education and Outreach Coordinator Maria Kies, Training & Technical Assistance Coordinator Glady Paulino, Operations Specialist Alissa Price, Accounting Specialist Elizabeth Stoffel, JD, Program Manager