

CUT IT OUT
Salons Against Domestic Abuse

You don't deserve it.
No matter what he says.

Call National Domestic
Violence Hotline at
1-800-799-SAFE

There's
NO EXCUSE
for
ABUSE



**DOMESTIC VIOLENCE
PROGRAMS IN NEVADA**

BATTLE MOUNTAIN (Lander Co.)
Committee Against Domestic Violence
Tel. 775.635.5947, HOTLINE 775.635.2500

CARSON CITY (Carson & Storey Co.)
Advocates to End Domestic Violence
Tel./HOTLINE 775.883.7654

ELKO (Elko, Eureka & White Pine Counties)
Committee Against Domestic Violence
Tel. 775.738.6524, HOTLINE 775.738.9454

FALLON (Churchill Co.)
Domestic Violence Intervention
Tel. 775.423.1313, HOTLINE 775.427.1500

HAWTHORNE (Mineral Co.)
Advocates to End Domestic Violence
Tel. 775.945.2472, HOTLINE 775.945.2312

HENDERSON (Clark Co.)
S.A.F.E. House
Tel. 702.451.4203, HOTLINE 702.564.3227

INCLINE VILLAGE (Washoe Co.)
Tahoe Women's Services
Tel. 775.298.0010, HOTLINE 800.736.1060

LAS VEGAS (Clark Co.)
Safe Nest
Tel. 702.877.0133, HOTLINE 702.646.4981

LOVELOCK (Pershing Co.)
Domestic Violence Intervention
Tel. 775.273.7373, HOTLINE 775.273.5111

MINDEN (Douglas Co.)
Family Support Council
Tel. 775.782.7565, HOTLINE 775.782.8692

PAHRUMP (Nye, Lincoln & Esmeralda Counties)
NO TO ABUSE
Tel. 775.751.1118, HOTLINE 888.882.2873

RENO (Washoe Co.)
Committee to Aid Abused Women
Tel./HOTLINE 775.329.4150

RENO (Washoe Co.)
A Safe Embrace
Tel. 775.322.3466, HOTLINE 877.930.3466

WINNEMUCCA (Humboldt Co.)
Winnemucca Domestic Violence Shelter, Inc.
Tel./HOTLINE 775.625.1313

YERINGTON (Lyon Co.)
A.L.I.V.E.
Tel. 775.463.5843, HOTLINE 800.453.4009



**Salons Against
Domestic Abuse**
cutitout.org

THE POWER OF BEAUTY
To help end domestic violence

*As a salon or spa professional,
you have an extraordinary gift to give
a person in an abusive relationship.*

*You have the influence to
help save lives.*

Order a free **CUT IT OUT** seminar by calling
Nevada Network Against Domestic Violence (NNADV)
at **775.828.1115**

CUT IT OUT!

Domestic violence occurs in every neighborhood and has devastating effects on individuals, families, and communities. Too often, victims are forced to endure the abuse alone and are isolated from places they could possibly turn to for safety and support. Because of the unique relationship that exists between salon professionals and clients, salon professionals can often spot signs of physical abuse that others may never see.

CUT IT OUT Program builds awareness and dialogue about domestic violence and educates salon professionals on how to recognize warning signs, respond appropriately, and safely refer clients to resources that can help them.

CUT IT OUT in Nevada is a collaborative project of the Nevada Network Against Domestic Violence (NNADV), the Nevada Office of Attorney General Catherine Cortez Masto, and the Nevada State Board of Cosmetology. The Nevada campaign is supported by the National *CUT IT OUT* Program, sponsored by the National Cosmetology Association, and *Southern Living At HOME*.



"The safe atmosphere of a salon or spa allows for candid conversations to take place. Clients often discuss personal issues and a salon worker who knows what to listen for and can provide information on a safe way to seek help is an enormous service to those customers who are victimized by abusive relationships at home. The CUT IT OUT program provides a vital tool to our community's response to the problem of domestic violence."

Catherine Cortez Masto, Nevada Attorney General

3 easy ways to make a difference

educate

- * Educate yourself about domestic abuse by visiting www.cutitout.org. Educate others.
- * Organize a *CUT IT OUT* educational seminar in your salon.

create awareness

- * Display *CUT IT OUT* poster and safety cards in your salon.

take action in your community

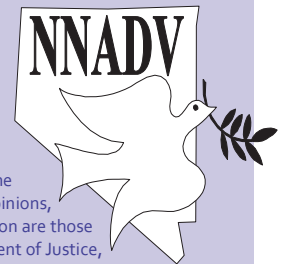
- * Adopt-a-Shelter
- * Hold a fundraiser for your local domestic violence agency.

how to get started

- * Invite a domestic violence advocate to perform a 1-hour *CUT IT OUT* seminar in your salon, or attend a seminar in a nearby cosmetology school.

Call NNADV at 775.828.1115, or e-mail us at mariak@nnadv.org to order a free seminar.

- * Order *CUT IT OUT* posters and safety cards from www.cutitout.org.
- * Call your local advocates to find out how you can best help. Identify a domestic violence agency nearest to you by using the list of programs on the last page.



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