

Nevada Network Against Domestic Violence Resource Center

Annotated Bibliography-Teens and Dating Violence

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BOOKS:

Dangerous Dating: Helping Young Women Say No to Abusive Relationships

Patricia Riddle Gaddis, 2000

This book offers tips and guidance for parents, counselors, and pastors on how to help teens avoid or break out of an abusive dating relationship. It provides information on how to judge the appropriateness of a relationship, how to respond when a young woman is in danger, and where to get help. The book also includes a tool for girls to assess their own relationships.

Dating Violence: Young Women in Danger

Barrie Levy, 1998

Today millions of young people are struggling with violence in their dating relationships. This book brings together professionals, activists, researchers, and young people to provide a comprehensive cross-cultural view of this problem. In first-person accounts of experiencing or witnessing abuse, teens and parents reveal the lethality of dating violence and the serious attention it demands.

Ending Violence in Teen Dating Relationships: A Resource Guide for Parents & Pastors

Al Miles, 2005

Miles, a nationally recognized expert in the field of domestic violence and teen relationship violence, explores the complex issue of teen dating violence. Through interviews and other research, he provides critical information that parents, caregivers, clergy, and educators can use to protect teens and help them foster healthy dating relationships. Miles offers thoughtful advice and answers to such questions as: What constitutes violence in teen dating relationships? Why is the problem so pervasive? What are the warning signs that parents and other caring adults can watch for that may indicate a teen is being either abused or abusive? And what can the church do to help?

Helping Teens Stop Violence: A Practical Guide for Counselors, Educators, and Parents

Allan Creighton and Paul Kivel, 1992

This book is a guide to a multi-racial program which empowers young people to resist abuse and prevent violence in their relationships. Topics include: talking about violence in the classroom, strategies to support peer counselors (teens working with other teens), guidelines for adults setting up teen support groups, and steps to follow when helping teens who have been abused.

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In Love and In Danger: A Teen's Guide to Breaking Free of Abusive Relationships

Barrie Levy, M.S.W., 1997

Many teenagers tell their personal stories in this book, describing how their romantic relationships became hurtful and/or dangerous, and how they were able to break free from them. This book will help teenagers experiencing abuse to understand their own situation and learn how to get help.

Making the Peace: A 15-Session Violence Prevention Curriculum for Young People

Allan Creighton and Paul Kivel, 1997

This comprehensive teaching handbook provides educators, administrators and youth group leaders with the information needed to implement a 15-session core curriculum on violence prevention. The curriculum is flexible enough to be used either on consecutive days, or throughout the semester. By addressing the basics of violence—what it is, where it comes from, and how to stop it—the book encourages youth to build violence-free relationships.

RESPECT: A Girl's Guide to Getting Respect & Dealing When Your Line is Crossed

Courtney Macavinata & Andrea Vander Pluym, 2005

This book is a guide for teen girls on how to get respect and keeping it. Quotes and advice from teen girls, true stories, and facts keep it real. Activities, journaling exercises, ideas for what to say when you're upset or feeling pressured, and strategies will help to empower teens.

Safe Dates –An Adolescent Dating Abuse Prevention Curriculum (book and video)

Vangie Foshee, Hazelden Foundation, 2010

Safe Dates has been designated as a model program by the Substance Abuse and Mental Health Services Administration, and was selected for the National Registry of Evidence-based Programs and Practices (NREPP), receiving high ratings on all criteria. This evidence-based program helps teens recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships. It is during the critical pre-teen and teen years that young people begin to acquire the skills needed to create and foster positive relationships. With *Safe Dates*, young people are given the tools needed to build these skills, including updated statistics and facts, and information on dating abuse that occurs through technology. *Safe Dates* also features handouts and parent resources to get families talking about healthy dating relationships and dating abuse.

School Policy Kit

Empowering Youth to End Domestic Violence, 2009

Designed for both middle and high school settings, the School Policy Kit can:

- Improve the school climate and enhance the learning environment.
- Prepare schools to meet standards of school safety and legal liability.
- Protect schools from potential action related to dating violence on campus.

Teens' Guide to Personal Safety and Preventing Sexual Assault

KIDSRIGHTS, 2005

This guide is a revision of the well-respected *Teen to Teen: Personal Safety and Sexual Abuse Prevention*. Key features include using the results of surveys of three groups of teens to present rules for personal safety rather than just the authority of the author. The guide also offers worksheets for recording personal and family safety rules, including a quick test to measure self-esteem. The guide also shares a teen's personal experiences in dealing with sexual abuse within her family and its impact on her life. Information on personal safety issues that young teens face is also presented in two advice-column formats with one addressing a teen female and the other a teen male. The guide also provides information on how to get help safely, including a list of the websites and phone numbers of national organizations on the inside cover.

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The Teen Relationship Workbook: For Professionals Helping Teens to Develop Healthy Relationships and Prevent Domestic Violence

Kerry Moles, 2001

This activity-based workbook for professionals helps adolescents develop healthy, intimate relationships and prevent dating abuse and domestic violence. It is appropriate for males and females, ages 12 to 20, in groups or individual sessions. This book offers both educational and experimental components pertaining to this subject. The 50 activities include 68 reproducible worksheet pages plus 50 facilitator information sheets.

What Parents Need to Know About Dating Violence

Levy Giggins, 2005

This book is for parents who are concerned about teenagers in abusive relationships—a problem that affects as many as one out of four high school and college-age youth. The book gives straightforward advice to parents who are struggling with this issue, including why your teen may not confide in you if he/she is experiencing dating violence, recognizing the early warning signs of dating violence, and developing safety plans with your teen to head off potentially dangerous situations.

Where Do I Start-- A Parent's Guide for Talking to Teens About Acquaintance Rape

Gayle Stringer, 1988

This informative guide gives parents general guidelines on how to broach the sensitive subject of rape with their teenagers.

The Youth Relationships Manual: A Group Approach with Adolescents for the Prevention of Woman Abuse and the Promotion of Healthy Relationships

Dr. David A Wolfe, et. al, 1989

Designed to combat physical and sexual aggression against women and children, this prevention program manual is based on the premise that the best opportunity for promoting healthy, non-violent relationships is to intervene during adolescence, when peer relationships and interpersonal style become firmly established. The proactive, competency-enhancing program is designed to build strengths, resilience and coping skills in young people.



MANUALS:

Classroom Activities

The Family Violence Project

This manual presents a collection of activities/exercises that can be used in the classroom as part of an abuse prevention curriculum. This collection contains 10 activities for high school students, additional activities for middle and elementary school students, and resources teachers will need to facilitate their use; each activity is designed for a 50-minute class period.

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Dating Violence Can Be a Life or Death Matter to High School Students

Michigan Domestic Violence and Prevention Treatment Board, 2001

This manual presents a dating violence educational package for youth that provides tools for building student awareness of dating violence. The program promotes non-controlling, non-violent behavior among teens, and offers tips for recognizing warning signs in their own, or in their friends' relationships.

Domestic Violence 101: Educating Youth about Dating Violence, DV, and Healthy Relationships

Break the Cycle, 2005

This manual offers a manuscript for a 45-60 minute presentation for young people about domestic violence. It contains activities designed to educate, challenge, and encourage students to share their thoughts and viewpoints.

Expect Respect: A School-Based Program Promoting Safe and Healthy Relationships for Youth

Safe Place & the National Resource Center on Domestic Violence, 2002

This manual provides an overview of the nationally recognized dating and sexual violence prevention and intervention program, *Expect Respect*. This program was created to provide school-based counseling to children and youth who have experienced abuse, and to implement educational programs on the prevention of dating and sexual violence, sexual harassment, and bullying. Sample forms, flyers, and handouts are also included.

(The) Facts on Teenagers and Intimate Partner Violence

Family Violence Prevention Fund, 2008

Dating violence affects women regardless of their age, but teens are particularly vulnerable. In fact, a woman age 16 to 24 experiences the highest per capita rate of intimate partner violence. Teens and young adults who are disconnected from social support such as school, family, and work are particular risks for domestic violence. This manual will list the of facts, resources and training available to teenagers about domestic violence.

It Is Their Issue: A Simple and Straightforward Guide to Turning Youth Into Facilitators of Dating Violence 101

Break the Cycle, 2007

This guide was created for adult leaders and practitioners to train youth in teaching their peers about abusive relationships.

Kid & Teen Safe: An Abuse Prevention Program for Youth with Disabilities

Safe Place & the National Resource Center on Domestic Violence, 2002

This manual provides a description of the *Kid & Teen Safe Program*, which was created to provide abuse intervention and prevention services to children and youth with disabilities. This document describes the effects of interpersonal violence on children and youth, as well as the increased vulnerability of youth with disabilities. Also included are information about the development, implementation, and evaluation of this program, as well as sample forms, flyers, and handouts.

Love is Not Abuse: A Teen Dating Violence Prevention

Liz Claiborne, Inc., 2005

The focus of this curriculum is on three critical goals:

- Increase students' understanding of teen dating violence
- Enable students to reach out to a friend or family member who may be experiencing dating violence
- Increase help-seeking behavior among students involved in abusive dating relationships.

Love is Not Abuse blends literacy with health education. It draws on the motivating power of literature to build students' reading, interpretation, and writing skills, and introduce skills for preventing and responding to dating violence.

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Making the Peace: An Approach to Preventing Relationship Violence Among Youth

National Resource Center on Domestic Violence, 2000

Making the Peace is a comprehensive training and organizing program, designed by staff of the Oakland Men's Project, to prevent male-to-female family and dating violence among youth ages 14-19.

Organizing College Campuses Against Dating Abuse

National Resource Center on Domestic Violence, 1999

The purpose of this manual is to provide information and assistance to staff in higher education and/or domestic violence programs who are interested in developing a comprehensive response to dating abuse as it affects students on college campuses. It is intended to share knowledge born out of personal experience and to offer practical guidelines.

Relationship Traffic-Version for Minors

SAMHSA Community Collaborations, 2007

Relationship Traffic was created as an intimate partner abuse prevention curriculum specifically for runaway and homeless youth. Existing curricula on dating violence are largely designed to be delivered in schools and do not address the special context of homeless youth. In addition almost all of the curricula focus on males as the main perpetrators. Data shows that there is a lot of two-way partner violence and abuse that occurs on the street, among both heterosexual and homosexual youth. This interactive and multisensory curriculum addresses these populations without focusing strictly on males as abusers.

Relationship Traffic-Young Adult Version

SAMHSA Community Collaborations, 2007

This curriculum was designed as a guideline for group facilitators. Agencies should feel free to adapt it to the needs of specific populations of homeless youth in various group settings. This curriculum has been implemented at drop-in-centers and shelters among youth 18 and above, including the newly and long-term homeless and among those personally familiar with intimate partner violence and those with no experience.

State-By-State Teen Dating Violence Report Card

Break the Cycle, 2009

Break the Cycle released the second annual *State-By-State Teen Dating Violence Report Card*. This report grades states on how well their civil restraining order laws protect teens. Grades were based solely on the law and are not a reflection of the vital work of state domestic violence agencies.

Teen Dating Violence

National Resource Center on Domestic Violence, 2004

This manual provides general information about the dynamics, prevalence, and consequences of teen dating violence. It explores key issues specific to teen dating violence, examines current provision of support services for teens, and presents information on a variety of promising prevention/intervention strategies.

Teen Dating Violence Prevention and Intervention Strategies

Praxis International/The Office on Violence Against Women, U.S. Department of Justice, 2006

These materials can be used separately or in conjunction with the DVD training video. They can be used to raise awareness in your community about teen dating violence, to train new staff and volunteers, and to enhance further your intervention and prevention strategies when advocating for victims, youth at risk, and adolescent perpetrators.

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Teen Safe Curriculum—For Girls 12-15 Years Old

Center for Young Women's Health, 2005

This manual is designed to give adolescent girls between the ages of 12 and 15 a clear understanding of healthy relationships, the dynamics of dating violence, and that a person always has the right to say no.

Youth Dating Violence Train-the-Trainer Seminar

Public Training Institute, 2004

This seminar binder takes you step-by-step through the process of correctly training individuals to teach others about youth dating violence. It includes materials that can be copied and used as handouts and a video (see in video section).



AUDIO-VISUAL MATERIALS:

Dating Violence: The Hidden Secret

Intermedia, Inc., 1993

25 minutes

This video incorporates interviews with experts on adolescence and violence in dating relationships, interviews with teenagers who have been involved in abusive relationships, and the commentary of two young hosts to examine the problems of physical, emotional, and sexual violence in teen relationships. It challenges the myths regarding male and female roles, and offers solutions and skills to deal with teen dating violence.

Dating Violence: "Love's Not Supposed to Hurt"

Intermedia, Inc., 1996

30 minutes

This video presents a live audience of college students engaging in a spontaneous interactive discussion about the issues of dating violence.

Get Help, Get Out: In the Mix

Kinetic Video, 2007

27 minutes

"Many teens think an abusive relationship is usually a guy hitting a girl and just beating her," says a woman featured in the video. What this young woman already knows, and viewers of this educational video will soon discover, is that abuse comes in many different forms and it can be hard to recognize.

In Love and In Danger: Dating Violence

Sunburst Communications, 1998

15 minutes

This video presents an informative look at the issue of teen dating violence. It emphasizes how stereotypes are formed and reinforced in early adolescence, and illustrates how some young men intimidate and control young women in dating relationships.

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In Search of Love: Dating Violence Among Urban Youth

MEE Productions, Inc., 1995

45 minutes

This video presents stories and accounts described by youth during a six-month video-documented study of dating violence among African American urban teens in five separate urban areas: Gary, Indiana; Baltimore, Maryland; Atlanta, Georgia; Philadelphia, Pennsylvania; and Los Angeles, California. The objective of this study was to understand the dynamics of urban youth culture, which allows, supports, and even encourages violence in male/female dating relationships. This video will provide a first-hand account of how young urban males and females see each other and define their relationships, while also addressing a number of underlying factors which contribute to dating violence.

It Ain't Love

Olmos Productions, 1998

57 minutes

This film and accompanying educational guide dramatically illustrate dating violence and strategies for developing healthy relationships. *It Ain't Love* follows the young, spirited members of FACES, a gutsy improvisational theater company based in New York City. Given three months to create a show about abusive relationships, the kids start by exploring their own lives and reenacting the violence they have experienced and inflicted. The process is both exhilarating and painful, but the members of FACES gain a growing understanding of abuse, and, in the end, their new show is triumphant.

Lookin' Out 4 U: Three Stories About Abusive Relationships

Bureau of At-Risk Youth, 2003 DVD

29 minutes

This DVD presents an honest and graphic picture of dating abuse. *Lookin' Out 4 U* tells the story of three young women who are caught in unhealthy relationships. Their boyfriends say they are acting out of love and concern, even as they subject the girls to accusations, put-downs, domination, and disrespect. Caring adults help two of the girls realize that healthy relationships do not involve fear, guilt, and pressure; they end their involvements and urge their friend to do the same. Teacher's Guide is included.

Love: All That and More

Center for the Prevention of Sexual and Domestic Violence, 2001

Tape 1-What Do You Want-22 minutes

Tape 2-Let's Talk About Sex-19 minutes

Tape 3-Putting it All Together-23 minutes

This set of three videos is designed to inform high school and college-age youth about the elements of healthy relationships, increase awareness and understanding about abuse, and motivate viewers to seek relationships based on equality and mutual respect. It also includes a six-session curriculum, handouts, and facilitator guides for use with Christian and Jewish youth.

Making a Difference: Juvenile Justice Intervention Love: All That and More

Center for the Prevention of Sexual and Domestic Violence, 2001

64 minutes

This is a video-based multimedia learning program designed for use with young people in classrooms, community groups, and religious education settings. It will inform youth about the elements that make up healthy relationships, as well as increase awareness and understanding about abuse. Included are: three videos, a six-session curriculum with background information, lesson plans, interactive activities, and handouts. Also included are two comprehensive facilitator guides: one for use with Christian youth and one for use with Jewish youth.

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(The) Quiet Storm Project: Preventing Dating Violence Through Education

Zenith Films, Inc. 2001 2-DVD Set

The statistics are frightening. Many teens and young adults experience physical and/or sexual violence in their dating relationships. The *Quiet Storm Project* focuses on the prevention of relationships violence for people under the age of 25. An instructor guide and measurement tool to determine impact are included. For more information, go to www.thequietstormproject.com.

The *Project* includes three professional film modules on two DVDs:

- The Quiet Storm – based on a true story. Winner of six film awards (49 minutes)
- Survivor interviews – three female survivors tell their story (38 minutes)
- Perpetrator interviews – three perpetrators tell their story (31 minutes)

Teen Dating Violence: Information & Resources

National Resource Center on Domestic Violence, 2004

10 minutes

This CD and general information packet is an introduction to the dynamics, prevalence, and consequences of teen dating violence. This information explores key issues specific to teen dating violence, examines current support services for teens, and presents information on a variety of promising prevention/intervention strategies. **Please be advised that the resource information and services may not be currently up-to-date, as the CD was produced in 2004.**

Teens Speak Out: Dating Violence

Break the Cycle, 2005

10 minutes

This video introduces the topic of dating violence to today's youth. It presents actual teen testimonies and stories of young victims of abuse in order to educate teens on the warning signs of dating violence and to let them know that help is available.

Toxic Relationships

Discover Films, 2001

29 Minutes

In this thought-provoking DVD, high school students discuss the early warning signs of "toxic" relationships that could turn dangerous: disrespect, jealousy, obsessive demands, isolating behaviors, power and control, and blaming common to abusive relationships. The teens encourage peers to avoid abusive situations and to look for trust and acceptance from their friends and partners.

Ubicate! Haz la Diferencia

Intermedia Inc.

17minutes

¡Ubicate!, Haz la Diferencia - Find Yourself, Make a Difference centers on a high school classroom where students are discussing healthy and unhealthy relationships. Their responses take the film into four separate stories; each presents a different issue, such as teen dating violence, gender roles, communication, and peer pressure. *¡Ubicate!* is filled with colorful storytelling, mixed with local and national Latin/Hip-hop music that gets teens to watch, address issues, and help make a difference. *¡Ubicate!* sets the stage for straightforward discussion. This is a valuable tool for peer educators, teachers, youth workers, churches, and domestic violence organizations. The companion Facilitator's Guide provides ideas for activities and discussion.

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When Love Hurts

MTI Film & Video, 1988

17 minutes

The *Relationship Abuse Prevention Project* created this film. Using actors to simulate actual experiences of young women in violent relationships, it offers solutions to end the violence at an early age. The dynamics of domestic violence, power and control, and the cycle of violence are presented within this video.

You Oughta Know: Teens Talk about Dating & Abuse

Films for the Humanities & Sciences, 1999

24 minutes

In this video, diverse groups of teenagers speak out about abusive dating relationships with the help of a youth relationship facilitator. Topics discussed include how to identify abusive dating relationships; what causes them; why, once in them, couples try to make them work; and what can be done about them.

Youth Dating Violence

Public Training Institute, 2004

30 minutes

This video provides information on how to train the trainer in addressing the problem of youth dating violence. This video is a companion piece to the manual *Youth Dating Violence Train-the-Trainer Seminar* (see above).